

**AUGUST 2018**

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<u><b>AQUARIUM</b></u> Tuesday, August 28, 2018 SENIORS ONLY! Ticket price \$14.00	<u><b>ATLANTIC CITY</b></u> Wednesday, September 12, 2018 RESORT CASINO Ticket price \$40.00-Bonus \$25.00	<u><b>1</b></u> 10:00 Art Class- drawing 11:00 Art Class- painting 11:00 Yoga	<u><b>2</b></u> <b>10:00 Diabetes Workshop</b> 10:00 Flamenco 11:00 Tai Chi	<u><b>3</b></u> 10:30 Latin Zumba Class 11:00 Circulation Massage 1:00 Leisure Billiards
<u><b>6</b></u> <b>9:00 Trip To Bj's</b> 9:30 Yoga 10:30 Latin Dance Class	<u><b>7</b></u> 9:30 Ballet Class 10:30 Aerobics Class 1:00 Leisure Dominoes	<u><b>8</b></u> <b>9:30 Yonkers Casino</b> 10:00 Art Class- drawing 11:00 Art Class- painting 11:00 Yoga	<u><b>9</b></u> <b>9:00 Cake Sale</b> <b>10:00 Diabetes Workshop</b> 11:00 Tai Chi	<u><b>10</b></u> 10:30 Latin Zumba Class 11:00 Circulation Massage 1:00 Leisure Billiards
<u><b>13</b></u> 9:30 Yoga 10:30 Latin Dance Class <b>11:00 Trip to City Island</b>	<u><b>14</b></u> 9:30 Ballet Class 10:30 Aerobics Class 10:30 Advisory Com. 1:00 Leisure Dominoes	<u><b>15</b></u> 10:00 Art Class- drawing 11:00 Art Class- painting 11:00 Yoga	<u><b>16</b></u> <b>10:00 Diabetes Workshop</b> 11:00 Tai Chi <b>11:00 Nutritional lecture</b> <b>1:00 Yankee Game</b>	<u><b>17</b></u> 10:30 Latin Zumba Class 11:00 Circulation Massage 1:00 Leisure Billiards
<u><b>20</b></u> 9:30 Yoga 10:30 Latin Dance Class 1:00 Leisure Dominoes	<u><b>21</b></u> 9:30 Ballet Class 10:30 Aerobics Class	<u><b>22</b></u> 10:00 Art Class- drawing 11:00 Art Class- painting 11:00 Yoga	<u><b>23</b></u> <b>10:00 Diabetes Workshop</b> 11:00 Tai Chi 1:00 Leisure Billiards	<u><b>24</b></u> 10:30 Latin Zumba Class 11:00 Circulation Massage <b>1:00 BIRTHDAY PARTY</b>
<u><b>27</b></u> 9:30 Yoga 10:30 Latin Dance Class 1:00 Leisure Dominoes	<u><b>28</b></u> 9:30 Ballet Class <b>10:00 Aquarium</b> 10:30 Aerobics Class	<u><b>29</b></u> 10:00 Art Class- drawing 11:00 Art Class- painting 11:00 Yoga	<u><b>30</b></u> <b>10:00 Diabetes Workshop</b> 11:00 Tai Chi	<u><b>31</b></u> 10:30 Latin Zumba Class 11:00 Circulation Massage 1:00 Leisure Billiards