

# APRIL 2018

## MONDAY

2

9:00 -11:00 Computer Class  
9:30 Yoga  
10:30 Latin Dance Class  
1:00 Circulation Massage  
1:00 Leisure Bingo

9

9:00 -11:00 Computer Class  
9:30 Yoga  
10:30 Latin Dance Class  
1:00 Circulation Massage

16

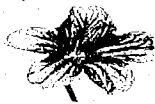
9:00 -11:00 Computer Class  
9:30 Yoga  
10:30 Latin Dance Class  
1:00 Circulation Massage

23

9:00 -11:00 Computer Class  
9:30 Yoga  
10:30 Latin Dance Class  
1:00 Circulation Massage

30

9:00 -11:00 Computer Class  
9:30 Yoga  
10:30 Latin Dance Class  
1:00 Circulation Massage



## TUESDAY

3

9:30 Ballet Class  
10:30 Latin Dance Class  
1:00 - 3:00 ESL class  
1:00 Leisure Billiards

10

**10:30 Advisory Comm**  
9:30 Ballet Class  
10:30 Latin Dance Class  
1:00 - 3:00 ESL class  
1:00 Leisure Billiards

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9:30 Ballet Class  
10:30 Latin Dance Class  
1:00 - 3:00 ESL class  
1:00 Leisure Billiards

24

9:30 Ballet Class  
10:30 Latin Dance Class  
1:00 - 3:00 ESL class  
1:00 Leisure Billiards

## WEDNESDAY

4

9:00 -11:00 Computer Class  
**9:30 Yonkers Casino**  
10:00 - 11:00 Art Class  
11:00 Balance Class  
1:00 - 3:00 ESL class

11

**9:00 Trip To Bjs**  
9:00 -11:00 Computer Class  
10:00 - 11:00 Art Class  
11:00 Balance Class  
1:00 - 3:00 ESL class

18

9:00 -11:00 Computer Class  
**9:30 Yonkers Casino**  
10:00 - 11:00 Art Class  
11:00 Balance Class  
1:00 - 3:00 ESL class

25

9:00 -11:00 Computer Class  
10:00 - 11:00 Art Class  
11:00 Balance Class  
1:00 - 3:00 ESL class

## THURSDAY

5

10:00 Flamenco Class  
11:00 Tai Chi  
1:00 - 3:00 ESL class  
**1:00 "Eat Health" Wellcare**

12

**9:00 Cake Sale**  
10:00 Flamenco Class  
11:00 Tai Chi  
**11:00 NUTRITIONAL LECTURE**  
1:00 - 3:00 ESL class

19

10:00 Flamenco Class  
11:00 Tai Chi  
1:00 - 3:00 ESL class

26

10:00 Flamenco Class  
11:00 Tai Chi  
1:00 - 3:00 ESL class



## FRIDAY

6

10:30 Latin Dance Class  
11:00 Circulation Massage  
**1:00 EVA SWAN**

13

10:30 Latin Dance Class  
**11:00 Scie Presentation**  
11:00 Circulation Massage  
1:00 Leisure Bingo

20

**9:00 Walking Club**  
10:30 Latin Dance Class  
11:00 Circulation Massage  
**11:00 Medicare Workshop**  
1:00 Leisure Bingo

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**9:00 Walking Club**  
10:30 Latin Dance Class  
11:00 Circulation Massage  
1:00 Leisure Bingo  
**1:00 BIRTHDAY PARTY**