









OCTOBER 2017

DOMINO AND BILLIARDS : 8:30 TO 12:00PM

BINGO AND BILLIARDS : 1:15 TO 3:30 PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>2</u></p> <p>11:00 "Laughter" YOGA 1:00 Leisure Billiards 1:00 Circulation Massage</p> 	<p><u>3</u></p> <p>10:30 Dance class 1:00 EsI 2:00 English Conversation</p>	<p><u>4</u></p> <p>10:00 Art Class "Painting" 11:00 Art Class "Drawing" 11:00 AM Balance Class 1:00 EsI 2:00 English Conversation</p>	<p><u>5</u></p> <p>9:00 Cake Sale 10:00 Ballet Class 11:00 Blood Pressure 11:00 Tai Chi 1:00 EsI & Conversation</p>	<p><u>6</u></p> <p>10:00 "Drumming" Wellness 11:00 Yoga 1:00 Leisure Dominoes</p> 
<p><u>9</u></p> <p>11:00 "Laughter" YOGA 1:00 Leisure Bingo 1:00 Circulation Massage 1:00 Computer Lab</p>	<p><u>10</u></p> <p>10:30 ADVISORY COM. 10:30 Dance class: 1:00 EsI 2:00 English Conversation</p> 	<p><u>11</u></p> <p>9:30 YONKERS CASINO 10:00 Art Class "Painting" 11:00 Art Class "Drawing" 11:00 AM Balance Class 1:00 EsI & Conversation</p>	<p><u>12</u></p> <p>10:00 Ballet Class 11:00 Blood Pressure 11:00 Tai Chi 1:00 RAFFLE 1:00 EsI & Conversation</p>	<p><u>13</u></p> <p>10:00 "Drumming" Wellness 11:00 Yoga 1:00 Leisure Bingo 1:00 Computer Lab</p>
<p><u>16</u></p> <p>9:00 trip to bjs 11:00 "Laughter" YOGA 1:00 Leisure Billiards 1:00 Circulation Massage 1:00 Computer Lab</p>	<p><u>17</u></p> <p>10:30 Dance class 1:00 EsI 2:00 English Conversation</p> 	<p><u>18</u></p> <p>10:00 Art Class "Painting" 11:00 Art Class "Drawing" 11:00 AM Balance Class 1:00 EsI 2:00 English Conversation</p>	<p><u>19</u></p> <p>10:00 Ballet Class 11:00 Blood Pressure 11:00 Tai Chi 1:00 EsI 2:00 English Conversation</p> 	<p><u>20</u></p> <p>10:00 "Drumming" Wellness 11:00 Yoga 1:00 Leisure Dominoes 1:00 Computer Lab</p>
<p><u>23</u></p> <p>11:00 "Laughter" YOGA 1:00 Leisure Bingo 1:00 Circulation Massage 1:00 Computer Lab</p> 	<p><u>24</u></p> <p>10:30 Dance class 1:00 EsI 2:00 English Conversation</p>	<p><u>25</u></p> <p>9:30 YONKERS CASINO 10:00 Art Class "Painting" 11:00 Art Class "Drawing" 11:00 AM Balance Class 1:00 EsI & Conversation</p>	<p><u>26</u></p> <p>10:00 Ballet Class 11:00 Blood Pressure 11:00 Tai Chi 1:00 EsI 2:00 English Conversation</p> 	<p><u>27</u></p> <p>10:00 "Drumming" Wellness 11:00 Yoga 1:00 Leisure Bingo 1:00 Computer Lab</p>
<p><u>30</u></p> <p>11:00 "Laughter" YOGA 1:00 Leisure Billiards 1:00 Circulation Massage 1:00 Computer Lab</p>	<p><u>31</u></p> <p>HALLOWEEN PARTY and BIRTHDAY PARTY</p> 			

HAPPY HALLOWEEN

